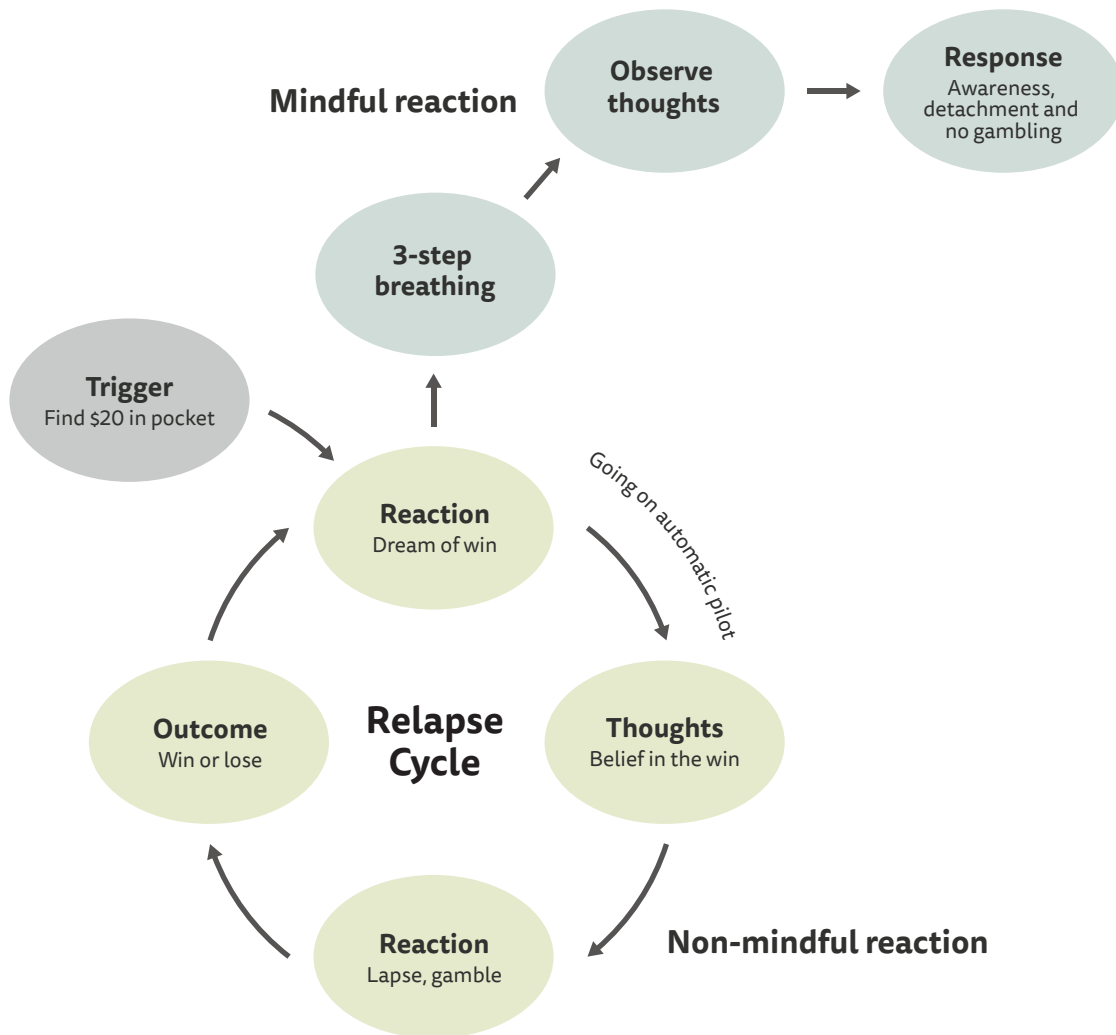




# HANDOUT 2: SESSION 06

## Relapse process worksheet



This diagram is based in part on the relapse cycle described in Bowen, Chawla and Marlatt (2011), but modified for gambling situations based on our own research into relapse with problem gamblers gambling (e.g., Turner et al., 2013).