CAMH Gambling CARE (Communications And Research Exchange)

About Us

Our Vision
Our vision is to bring gambling research into practice.

Our Mission
Our mission is to translate current evidence for causes of problem gambling into tools to promote responsible gambling and to treat problem gambling.

Our Focus
To achieve our goals, our work consists of the following:

- Video blogs to highlight the relevance of CAMH Research on the origins of problem gambling for prevention and treatment
- Tools and resources for players and patients
- Written blogs to explore how these tools were created
- Active social media presence on Twitter and Facebook to connect to and hear from those we serve, players patients and the community

Our Team
CAMH Gambling CARE is a team of researchers, educators, and trainees, working closely together to create tools to translate evidence for causes of problem gambling into treatment and prevention. We are a knowledge hub funded by Gambling Research Exchange Ontario and affiliated with the University of Toronto and Problem Gambling Institute of Ontario. Our core team has an interest in motivational, personality, cognitive, and genetic origins of problem gambling. We have a current focus on using this research to guide responsible gambling programming in gambling venues; screening, brief intervention and referrals to treatment processes; and interventions for those with concurrent mood and gambling difficulties.

Projects

How can I stop gambling to cope with my mood?

Do I have an addictive personality?

How can I help someone who gambles?

How can you tell if someone needs help?

A mini-guide for talking to your teenager about their gaming

To achieve our goals, our work consists of the following:

- Video blogs to highlight the relevance of CAMH Research on the origins of problem gambling for prevention and treatment
- Tools and resources for players and patients
- Written blogs to explore how these tools were created
- Active social media presence on Twitter and Facebook to connect to and hear from those we serve, players patients and the community

Blogs

Welcome to Gambling CARE!

Dr. Lena C. Quilty

Dr. Daniela S. S. Lobo

Ms. Premika Premachandiran

Ms. Laura Pichette

Dr. Jeffery Wardell

Ms. Belinda Perron

Ms. Renata Sivasubramaniam

Ms. Laura Miles

Dr. Christian Hendriksen

Our Journey:

Gambling CARE Team and Colleagues Talk About Research and Why It's Important To You

Dr. Lena C. Quilty is an Independent Scientist at the Campbell Family Mental Health Research Institute, CAMH, and an Assistant Professor in the Department of Psychiatry, University of Toronto. Dr. Quilty earned her Bachelor of Science in Human Biology from the University of Guelph in 2008, a Master of Science in Clinical Psychology from the University of Toronto in 2011 and a Doctor of Philosophy in Clinical Psychology from the University of Toronto in 2015. Her research focuses on the etiology and treatment of addictive behaviours, including the evaluation of interventions for alcohol and problem gambling. Her current grant-funded projects include studies to evaluate and refine internet interventions that provide resources for problem drinkers and gamblers in the general population.

Dr. Daniela S. S. Lobo is a Clinician-Scientist and Assistant Professor at the Department of Psychiatry, University of Toronto. Dr. Lobo is currently the Head of the Problem Gambling Service at CAMH. She obtained her Clinical Psychology Doctorate from the University of Toronto in 2011. Her clinical work is focused on assessing and treating concurrent disorders and psychiatric assessments at the CAMH Problem Gambling Treatment Service. Her research focuses on the motivational mechanisms of addictive behaviors, including those associated with alcohol and problem gambling. She has published extensively both nationally and internationally in this area.

Ms. Premika Premachandiran is a Research Assistant at the Campbell Family Mental Health Research Institute, CAMH. She completed her Bachelor of Science in Psychology at York University in 2015. She is currently in her final year of her Master of Science in Clinical Psychology degree program at the University of Toronto. Her research focuses on the etiology and treatment of addictive behaviours, including the evaluation of interventions for alcohol and problem gambling. Her current grant-funded projects include studies to evaluate and refine internet interventions that provide resources for problem drinkers and gamblers in the general population.

Dr. Jeffery Wardell is a Postdoctoral Fellow at the Campbell Family Mental Health Research Institute, CAMH. He completed his Bachelor of Science in Psychology from the University of Guelph in 2013, a Master of Science in Clinical Psychology at the University of Toronto in 2016, and a Doctor of Philosophy in Clinical Psychology at the University of Toronto in 2020. His research interests include understanding the developmental and behavioral mechanisms of addiction, with a specific focus on gambling, and the development of intervention programs for at-risk and problem gamblers.

Ms. Laura Miles is a Research Assistant at the Campbell Family Mental Health Research Institute, CAMH. She completed her Bachelor of Science in Psychology from the University of Toronto in 2017. She is currently in her final year of her Master of Science in Clinical Psychology degree program at the University of Toronto. Her research focuses on the etiology and treatment of addictive behaviours, including the evaluation of interventions for alcohol and problem gambling. Her current grant-funded projects include studies to evaluate and refine internet interventions that provide resources for problem drinkers and gamblers in the general population.

Ms. Belinda Perron is a Research Assistant at the Campbell Family Mental Health Research Institute, CAMH. She completed her Bachelor of Science in Psychology from the University of Toronto in 2016. She is currently in her final year of her Master of Science in Clinical Psychology degree program at the University of Toronto. Her research focuses on the etiology and treatment of addictive behaviours, including the evaluation of interventions for alcohol and problem gambling. Her current grant-funded projects include studies to evaluate and refine internet interventions that provide resources for problem drinkers and gamblers in the general population.

Ms. Renata Sivasubramaniam is a Research Assistant at the Campbell Family Mental Health Research Institute, CAMH. She completed her Bachelor of Science in Psychology from the University of Toronto in 2017. She is currently in her final year of her Master of Science in Clinical Psychology degree program at the University of Toronto. Her research focuses on the etiology and treatment of addictive behaviours, including the evaluation of interventions for alcohol and problem gambling. Her current grant-funded projects include studies to evaluate and refine internet interventions that provide resources for problem drinkers and gamblers in the general population.

Dr. Christian Hendriksen is a Clinician-Scientist and Canada Research Chair in the CAMH Addictions Program and Assistant Professor in the Department of Psychiatry, University of Toronto. Dr. Hendriksen's research focuses on the etiology, treatment and prevention of addictive behaviours, including the evaluation of interventions for alcohol and problem gambling. His current grant-funded projects include studies to evaluate and refine internet interventions that provide resources for problem drinkers and gamblers in the general population.

Dr. Jeffery Wardell is a Postdoctoral Fellow at the Campbell Family Mental Health Research Institute, CAMH. He completed his Bachelor of Science in Psychology from the University of Guelph in 2013, a Master of Science in Clinical Psychology at the University of Toronto in 2016, and a Doctor of Philosophy in Clinical Psychology at the University of Toronto in 2020. His research interests include understanding the developmental and behavioral mechanisms of addiction, with a specific focus on gambling, and the development of intervention programs for at-risk and problem gamblers.

Ms. Laura Miles is a Research Assistant at the Campbell Family Mental Health Research Institute, CAMH. She completed her Bachelor of Science in Psychology from the University of Toronto in 2017. She is currently in her final year of her Master of Science in Clinical Psychology degree program at the University of Toronto. Her research focuses on the etiology and treatment of addictive behaviours, including the evaluation of interventions for alcohol and problem gambling. Her current grant-funded projects include studies to evaluate and refine internet interventions that provide resources for problem drinkers and gamblers in the general population.